

# Go North West

Programme 1 Fact Sheet – 16<sup>th</sup> June 2005

*Welcome to the third series of 'Go North West' in which our presenters, Eamonn O'Neal, Sue Nicholls and Sue Jenkins, explore some of our regions attractions, from the historical and beautiful to the educational and just plain good fun!*



For this first programme we were based in **Kendal**, Cumbria, sampling the incomparable delights of the Lake District.

- Lakeside and Haverthwaite Railway
- Aquarium of the Lakes
- Museum of Lakeland Life
- The Beech House Hotel
- Lakeland Wildlife Oasis
- Museum of Lakeland Life
- The World of Beatrix Potter
- Lake District Tea Trail
- Jodrell Bank
- Lancashire Food Festival
- World of Glass
- Competition – win a break at The Samling in the Lake District!



Less than a mile from the National Park boundary and too often overlooked by folks heading out to the lakes, **Kendal** has a lot to offer, far more than just Mint Cake!

You'll find plenty to do and evidence of its long history: the 12<sup>th</sup> century castle, Abbot Hall Art Gallery, Museum of Lakeland life (*see later in fact sheet*) and one of the oldest museums in the country, the Museum of Natural History and Archaeology with its wonderful collection.

From the 14<sup>th</sup> to the 19<sup>th</sup> century the town was a major manufacturing base supporting many mills along the River Kent and once a month has a great farmer's market jammed full of wonderful local produce.

For more information contact:

### **Tourist Information**

Town Hall,

Highgate,

Kendal. LA9 4ED

Tel: 01539 725758

[www.visitcumbria.com/sl/kendal](http://www.visitcumbria.com/sl/kendal)

### **Lakeside and Haverthwaite Railway**



Steam Engine on Lakeside Line

Restored and run by the **National Trust**, this railway was built in 1869 providing freight transport for local industry and a tourist link for the boat trips on Windermere. Take a relaxing trip on the line amid glorious countryside; journey time between Lakeside and Haverthwaite stations is approximately 20 minutes.

**Open daily** from 3<sup>rd</sup> April to 31<sup>st</sup> October, you'll find the railway close to Newby Bridge and Ulverston on the A590, the southern section of Lake Windermere. There is a picnic area, souvenir shop and car park.

For the current timetable, ticket prices and disabled access details contact:

Tel: 015395 31594 or visit,

[www.lakedistrictletsgo.co.uk](http://www.lakedistrictletsgo.co.uk)



For information on the **National Trust** and its other attractions in the area contact:

Tel: 0870 609 5380 or visit,

[www.nationaltrust.org.uk](http://www.nationaltrust.org.uk)

### Aquarium of the Lakes

Situated next to the station at Lakeside you'll find the Aquarium of the Lakes, which is home to many different species of animal and aquatic life hailing from the mountains, lakes, rivers and seas. There are more than 30 naturally themed habitats and amongst others you'll find otters, giant crabs, diving ducks and British sharks.

**Open daily** throughout the year from 9am. In summer (April – October) doors close at 6pm with last admission at 5pm. In winter (November – March) the doors close at 5pm with last admission at 4pm.

Closed on Christmas Day. *Throughout the Christmas and New Year period opening times vary so please check before visiting.*

### Admission Fees:

Adult £6.25

Child (3 – 15 yrs) £3.95

OAP £5.50

Various family ticket prices available.

For further information and disabled access details please contact:

Aquarium of the Lakes

Newby Bridge

Cumbria. LA12 8AS

Tel: 01539 530 153

[www.aquariumofthelakes.com.uk](http://www.aquariumofthelakes.com.uk)

### The Beech House Hotel, Kendal

If you want to say somewhere rather special why not check out the Beech House Hotel? Awarded a *five-diamond silver* rating by the Tourist Board, this small town house hotel has just six rooms. All the rooms are individually designed and you'll also get a great cooked breakfast using seasonal and locally produced food.

Prices start from £35 per person, per night and the hotel is a short walk from the centre of Kendal.

For further information contact:

The Beech House Hotel

40 Greenside,

Kendal,

Cumbria. LA9 4LD

Tel: 01539 720385

Email: [stay@beechhouse-kendal.co.uk](mailto:stay@beechhouse-kendal.co.uk)

[www.beechhouse-kendal.co.uk](http://www.beechhouse-kendal.co.uk)



### Lakeland Wildlife Oasis

The discovery centre is home to many unique, unusual and varied species of exotic wildlife. Watch the ants at work, creating a fungus to feed on; the rare birds in the aviary; playful meerkats, along with fruit bats, lizards, spiders and monkeys.

**Open daily** from 10am, except Christmas and Boxing Day. Free Parking.

#### Admission Fees:

Adult:	£6.00
Child (4 – 15yrs)	£4.00
OAP	£5.00
Family (2+2)	£18.00

For further details and information on disabled access contact:

Lakeland Wildlife Oasis

Hale,

Milnthorpe. LA7 7BW

Tel: 015395 63027

Email: [mail@wildlifoasis.co.uk](mailto:mail@wildlifoasis.co.uk)

[www.wildlifoasis.co.uk](http://www.wildlifoasis.co.uk)

### Museum of Lakeland Life, Kendal

Situated opposite the Abbot Hall Gallery. This museum was established in 1971 to highlight the fascinating heritage of the South Lakes area.

There is plenty to see from the history of weaving to leather work and clog making. There are interactive workshops where you can watch the experts and get hands on experience of crafts such as rag rugging and spinning.

*It is worth noting that there are no viewing barriers (ropes) in the rooms and this allows you to get a real sense of the environments in which people lived and worked.*



Eamonn with hand spinners

A highlight of the museum is the *Arthur Ransome* display. One of the rooms has been recreated as his office with many of the exhibits given to the museum by his second wife.

Forming part of the exhibition are the red shoes that, it is said, Ransome received in exchange for writing his famous novel 'Swallows and Amazons'!

**Open from** 20<sup>th</sup> January to 23<sup>rd</sup> December, Monday to Saturday 10.30am to 4.00pm (April to October 5pm close).

### Admission Fees:

Adult	£3.50
Child/Student	£2.00
Family (2+ up to 4 children)	£9.50

For further information and details of disabled access please contact:

Museum of Lakeland Life

Kendal,

Cumbria. LA9 5AL

Tel: 01539 722 464

[www.lakelandmuseum.org.uk](http://www.lakelandmuseum.org.uk)

### The World of Beatrix Potter

This attraction has recently undergone a major refurbishment. You'll now find all 23 tales brought to life, including favourites such as *Jemima Puddleduck* and *Jeremy Fisher*.



Sue with Mr McGregor

Visit the *Peter Rabbit Garden*, *Mr McGregor's Greenhouse* and find out all about Beatrix Potter and the inspiration for her books.

**Open daily** during the summer from 10.00am to 5.30pm. Winter opening, 10.00am to 4.30pm. Closed Christmas Day and the last 3 weeks of January.

### Admission Fees:

Adult	£5.00
Child	£4.00
Group rates	£4.50 & £3.50



For further information and disabled access details contact:

The World of Beatrix Potter  
Bowness-on-Windermere,  
Cumbria. LA23 3BX  
[www.hop-skip-jump.com](http://www.hop-skip-jump.com)

### Lake District Tea Trail

Drink in the wonderful sights of Cumbria by taking a tour of some its great teashops. You'll find 11 listed on [www.gocumbria.org](http://www.gocumbria.org) including:

### Low Sizergh Barn

Sizergh,  
Cumbria. LA8 8AE  
Tel: 01539 560 426

**Open** all year round, Monday to Sunday, 9.00am to 5.30pm. **Free entry.**

### Yew Tree Farm

*This tearoom is strictly for walkers, although there is room on site for disabled parking.*

Coniston,  
Cumbria. LA21 8DP  
Tel: 01539 441 433

**Open** Saturday 1<sup>st</sup> January to 31<sup>st</sup> December.  
Monday to Sunday, 11am to 4.00pm.  
**Free entry.**

### Jodrell Bank

**Maria Killoran** takes us to one of her favourite places in the North West. This is a fascinating day out and a great way to spend some time stargazing.



Watching the skies, Maria

Home for 40 years to the famous **Lovell Radio Telescope**, the visitor centre houses a 3D theatre, where you can experience a full colour 3D movie of flight through the solar system to Mars. There is an Environmental Discovery Centre, exhibition area and access to the 35-acre arboretum with its 2,000 species of tree. In the arboretum there are special trails to follow in the parkland and family events during holidays.



With a café, shop and full access for wheelchair users, Jodrell bank is a great place to have fun, learn about our solar system and environment here on planet Earth.

**Open daily** from 19th March to 30<sup>th</sup> October, 10.30am to 5.30pm. Last admission 1 hour before closing. *Please check with the centre regarding Christmas and New Year opening.*

### Admission Fees:

Adult	£1.50
Child (4 – 16yrs)	£1.00
Under 4's	Free

Admission to the 3D theatre is £1.00 per person, under 4's – free.

Jodrell Bank Visitor Centre  
Macclesfield,

Cheshire. SK11 9DL

Tel: 01477 571 339

[www.jb.man.ac.uk](http://www.jb.man.ac.uk)

### Lancashire Food Festival

There is something to tempt everyone's taste buds at this great event. Over the past ten years regional food and drink festivals have been springing up, promoting all this is best in local and more exotic produce from further a field. Lancashire is no exception and boasts some of the best producers in the country, so here is a great way to discover them for yourself.

The ninth Lancashire Food Festival at Accrington Town Hall was a great success this year and the dates for next year are Saturday 1<sup>st</sup> and Sunday 2<sup>nd</sup> April, 2006.

### Admission Fees:

All	£1.00
Under 16 with adult	Free

For full details contact:

Accrington Information Centre

The Town Hall

Blackburn Road,

Accrington. BB5 1LA

Tel: 01254 380 293

Email: [tourism@hyndburnbc.gov.uk](mailto:tourism@hyndburnbc.gov.uk)

[www.lancashirefoodfestival.co.uk](http://www.lancashirefoodfestival.co.uk)

For details of more events contact **Made in Lancashire** on Tel: **01955 642 255**.



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### World of Glass

We also visited the World of Glass who won a regional tourism award last year for the best website. On the banks of the Sankey Canal there is a lot to offer from glass blowing, museum collection, mirror maze and special effects film show.



Glass blowing

**The Visitor Centre is open,** Tuesday to Sunday, 10.00am to 5.00pm and Bank Holidays. Last admission is 3pm. *Please check with centre regarding Christmas and New Year opening times.*

#### Admission Fees:

Adult	£5.30
Child (5 – 16yrs)	£3.80
Concession/student	£3.80
Family (2+2)	£15.80
Family (1+2)	£10.80

For further information about educational visits or disabled access please contact:

The World of Glass  
Chalon Way East,  
St. Helens,  
Merseyside. WA10 1BX  
Tel: 08700 11 44 66  
Email: [info@worldofglass.com](mailto:info@worldofglass.com)  
[www.worldofglass.com](http://www.worldofglass.com)

### Competition!

Why not nominate your favourite place in the North West for a special **Go North West Award** at this year's Tourism Awards in October?



If your favourite place is chosen to receive the award you'll be entered into a draw to win a short break at **The Samling** in the Lake District and attend this year's glitzy ceremony in Liverpool to see all the regional winners.



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*The Samling is an exclusive hideaway in the Lake District, favoured by the wealthy and famous for its location, comfort and service. To see what you could be in with a chance of winning take a look at their web site [www.thesamling.com](http://www.thesamling.com)*



Tyan Room

All you have to do is write down your nomination together with your name and contact details on a post card, or sealed envelope, and send to:

**Northwest Regional Development Agency**

**ADM 3926**

**FEEPOST**

**Warrington.**

**WA1 1WH**

Get your entry in before August 11<sup>th</sup>, 2005  
and **good luck!**

## Go North West

An ITV Granada Production

In association with the  
North West Development Agency

DISCOVER  
englandsnorthwest

[www.visitenglandsnorthwest.com](http://www.visitenglandsnorthwest.com)

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Fitt – [www.wordstofitt.com](http://www.wordstofitt.com)

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Their contact details are:

Tel: 0870 600 6766

Fax: 0121 634 4898



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## Programme 1 Fact Sheet

Minicom: 0870 241 6346

Opening hours:

Monday - Friday 08:00 - 23:00

Saturdays and Sundays 10:00 - 22:00

Closed on all official Bank Holidays

Address: Duty Office, Gas Street,

Birmingham, B1 2JT

Or visit: **itv.com**

